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How to Dewax Lemons

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Lemons are often coated with wax to keep the peel fresh and glossy. This wax is considered safe to eat, but if you need to zest the lemon, you may still wish to de-wax it before proceeding.[1]

Things You'll Need	
	Using Boiling Water
	Kettle
	Stove
	Colander
	Vegetable brush
	Sink
	Paper towels
	Microwaving to Remove Wax
	Microwave-safe plate
	Microwave
	Vegetable brush
	Sink
	Paper towels
	Making a Fruit and Vegetable Wash
	Spray bottle
	Water
	Vinegar
	Vegetable brush
	Sink
	Paper towels

Method 1 of 3: Using Boiling Water



- Boil water. Fill a kettle halfway with water and bring the water to a boil on the stove. [2]
 - You could use a small saucepan instead of a kettle. Fill the saucepan halfway with water and boil it on the stove over high heat.
 - If necessary, you could use hot tap water instead of boiled water. Make sure that the tap water is as hot as possible before pouring it over the lemons.



- Place the lemons in a colander. As the water is heating up, arrange the lemons in a colander, keeping them in a single layer. Place the colander in your kitchen sink.[3]
 - It's best to work with only a few lemons at a time so that they can move around freely in the bottom of the colander. If you pile the lemons together, less of the peel will be visible, making it more difficult for the hot water to come into contact with the wax.



- **Pour the boiling water over the lemons.** Once the water in your kettle reaches a boil, pour it over the lemons in your colander.[4]
 - The heat of the water will partially melt the wax, loosening it from the peel and making it easier to strip away.



- **Scrub the fruit with a vegetable brush.** Use a vegetable brush to gently scrub the outer peel of each lemon. Hold the lemon under cool, running water as you scrub.[5]
 - Scrub the lemons one at a time.
 - It is important to use cold water. The boiling water heated the lemon peel, and the cold water quickly drops it back down to a more suitable temperature.
 - Avoid using a brush or scrubbing sponge used for dishes. Soap residue inside the brush could get onto the fruit and contaminate the peel.



Rinse well. Give each lemon a final rinse to remove any additional wax residue.

• Lightly scrub the peel with your fingers during this step.



6 Dry thoroughly. Gently wipe the outside of each lemon with a clean paper towel to dry the peel.

- You could also allow the lemons to air dry on your kitchen counter instead of using paper towels.
- Only store dewaxed lemons after they have been thoroughly dry.

Method 2 of 3: Microwaving to Remove Wax



- Place the lemons on a microwave-safe plate. Arrange the lemons on a microwavable plate or in a microwavable dish. Keep them in an even, single layer.
 - Work with only a few lemons at a time for best results.
 - Do not stack the lemons on the plate. Stacking them can result in uneven heating, which may make it difficult to fully strip away the wax.



- **Microwave for 10 to 20 seconds.** [6] [7] Place the plate of fruit in the microwave. Run the microwave on high for 10 to 20 seconds, depending on how many lemons you are working with.
 - If you are only working with one or two lemons, only microwave them for 10 seconds. If you are working with three to six lemons, increase the amount of time to 20 seconds.
 - The heat helps melt the wax. The softened wax will be easier to remove from the peel.



- Scrub the fruit under running water. Using a vegetable brush, lightly scrub the peel of each lemon while holding it under cool, running water.
 - It's best to scrub the lemons one at a time.
 - Cool to cold water is ideal since it can cool down the lemon peels after they were heated in the microwave.
 - Do not use a vegetable brush previously used with soapy water.



4 Rinse the lemons. Stop scrubbing and rinse each lemon one last time under the running water.

• You can use your fingers to lightly scrub the peel during this step, but do not use the vegetable brush.



- **Dry using paper towels.** After washing each lemon, pat it dry with clean paper towels.
 - The lemons can also be air dried on the kitchen counter, but do not store them while they remain wet.

Method 3

Method 3 of 3: Making a Fruit and Vegetable Wash



- **Combine vinegar and water.** Pour three parts water and one part white distilled vinegar in a spray bottle. Close the bottle, then shake well to combine.[8]
 - A commercial fruit and vegetable wash could be used instead of a homemade one.
 - Another possible fruit and vegetable wash can be made by mixing 1 Tbsp (15 ml) fresh lemon juice, 1 Tbsp (15 ml), and 1 cup (250 ml) lukewarm water. Mix these ingredients together in a spray bottle.[9]



- **2** Spray the solution onto the lemons. Thoroughly douse all sides of the peel of each lemon with the vinegar cleaning solution.
 - Allow the solution to sit on the lemons for two to five minutes before continuing. The
 acidity of the cleansing solution needs several minutes to weaken and dissolve the
 wax.



- **3** Scrub the lemons under running water. Scrub the lemon peels with a vegetable brush under cool, running water, applying gentle yet firm pressure.
 - The temperature of the water is not as significant for this method since no heat was used previously, but lukewarm to cool water is still recommended since it is the least likely to alter the internal temperature of the lemon.
 - Avoid using brushes or sponges that were previously used in soapy water.
 - Each lemon only needs to be scrubbed briefly.



- **Rinse under cool water.** After you finish scrubbing the lemons, rinse each one under the running water to remove any remaining wax residue.
 - If you see any wax debris, you can use your fingers to lightly brush it off while rinsing the fruit. Do not use the brush during this step, however.



- **Dry well.** Quickly dry the lemons by wiping off any water using clean paper towels.
 - If desired, you can let the lemons air dry instead of drying them with paper towel.
 - Do not store dewaxed lemons that are still wet.

Video Read Video Transcript

https://www.wikihow.com/video/0/0d/Dewax+Lemons+Step+0.1080p.mp4



Warnings

- For best results, use the lemons immediately after de-waxing them. Without their protective wax, lemons can spoil faster.
- Do not store dewaxed lemons that are still wet. Make sure that the peels are completely dry to prevent possible issues with premature spoilage.

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