

NAME \_\_\_\_\_

DATE \_\_\_\_\_

# Watch & Reflect

## Directions

After watching the *Above the Noise* video *When Is Your Brain Ready for Social Media?* by KQED Education, answer the questions below.

1. At what age do you think you were mature enough to handle all the pros and cons of social media?

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2. What are the arguments for and against having an age requirement?

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3. Which side do you agree with? Why?

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