



# Video Discussion

**What You'll Need:** • Video • Student Handout • Student Handout (Spanish)

## Activity Steps

1. **Introduce** the video topic to students by saying: *Today we're going to watch a video exploring the risks and potential consequences of sexting.*
2. **Show** the video Teen Voices: Sexting, Relationships, and Risks (4:03 minutes). (Note: The video is also available in Spanish, and you can also use the video player to turn on subtitles.)
3. **Lead** a class discussion exploring the questions below.  
**Optional:** You can also distribute the Student Handout and have students respond to the questions prior to group or whole-class discussion.

## Discussion Questions

1. *According to the teens in the video, what are some of the reasons people sext?*

Sample responses:

- To get someone to like you
- To show off your confidence
- Peer pressure
- For a thrill

2. *What are some of the risks of sexting?*

Sample responses:

- It could be shared with people you don't want seeing it, like family, people you don't know, or friends.
- Your relationship with the person could change, but the image doesn't go away, and you might regret having sent it.
- It could feel embarrassing and humiliating if the sext is sent beyond who it's intended for.

3. *What is one main takeaway you have from hearing these teens share their opinions?*

- Answers will vary.

