



# Video Discussion

**What You'll Need:** • Video • Student Handout • Student Handout (Spanish)

## Activity Steps

1. **Introduce** the video topic to students by saying: *Today we're going to watch a video that explores what age people should be allowed to use social media.*
2. **Show** the *Above the Noise* video *When Is Your Brain Ready for Social Media?* by KQED Education (6:00 minutes). (Note: The video is also available in Spanish, and you can also use the video player to turn on subtitles.)
3. **Lead** a class discussion exploring the questions below.

**Optional:** You can also distribute the Student Handout and have students respond to the questions prior to group or whole-class discussion.

## Discussion Questions

1. *At what age do you think you were mature enough to handle all the pros and cons of social media?*

Sample responses:

- *Answers will vary.*

2. *What are the arguments for and against having an age requirement?*

Sample responses:

- *Arguments for an age requirement: There are privacy issues because companies collect a lot of data from users; children are considered a vulnerable group because they might not understand the consequences of what they do online; children may interact with people they don't know; and children are more likely to be impacted negatively by the pressures of social media.*
- *Arguments against an age requirement: Social media can be good for self-esteem and confidence; it's a place to find community and support; it can help people organize around causes, both personal and social or political.*

3. *Which side do you agree with? Why?*

- *Answers will vary.*



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Quick Activity



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