



Video Discussion

What You'll Need: • Video • Student Handout • Student Handout (Spanish)

Activity Steps

1. **Introduce** the video topic to students by saying: *Today we're going to watch a video exploring how using social media affects our digital footprint.*
2. **Show** the video *Teen Voices: Oversharing and Your Digital Footprint* (3:19 minutes). (Note: The video is also available in Spanish, and you can also use the video player to turn on subtitles.)
3. **Lead** a class discussion exploring the questions below.
Optional: You can also distribute the Student Handout and have students respond to the questions prior to group or whole-class discussion.

Discussion Questions

1. *What are some of the benefits of sharing on social media?*

Sample responses:

- Communication: It's a way to stay in touch and stay connected to friends and family.
- Expression: You can post your personal opinions and ideas about important topics.
- Entertainment: It's fun to share things you're interested in.
- Future: It's an opportunity to present a curated version of yourself for the public or for colleges and employers.

2. *What are some of the drawbacks of social media use that the teens brought up in the video?*

Sample responses:

- Oversharing: when people share something they later regret.
- Permanence: Embarrassing or regrettable posts, including those that "disappear" (Snaps, Stories, etc.), become part of your permanent digital footprint, which might have a negative impact. (Define "digital footprint" as all the information online about a person posted either by that person or others, intentionally or unintentionally.)
- Social pressure: when everyone else is posting you feel pressure to participate.
- Life balance: Managing multiple platforms and accounts requires a lot of time.





Video Discussion

3. *What was one perspective shared in the video that you agreed with? Why?*

- *Answers will vary.*

